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Fashion Week in Big Apple

Riding the **Recession**

money and ride out the economic storm? For the next six weeks, Metro will share advice on how to curdown on expenses and navigate your way through the recession.

Loca

- What are economic forecasters predicting for the months ahead, pg 3
- Tips and advice on how you can stay afloat despite losing your job, pg 11





Michelle LeBlanc as Vengeful Queen Titania, Colleen Sutton as the head fairy and Zach Counsil as Monster entertain visitors at the Crystal Garden in Confederation Park yesterday afternoon. The actors, who are with A Company of Fools, can now be seen in A Midwinter's Dream Tale at the Gladstone Theatre. **More on Winterlude**, pq 2.

Hikers rescued in U.S.

Local pair in good condition after missing 4 days

TIM WIECLAWSKI tim.wieclawski@metronews.ca

Two Ottawa-area hikers were rescued by helicopter in New Hampshire yesterday after being lost since Wednesday.

Gatineau resident Gabriel Fortin, 30, and Stephanie Desilets, 27, of Ottawa were hiking in the Presidential Mountain Range in Coos County, N.H., when they got caught in bad weather and went missing on Wednesday night According to the New Hampshire Fish and Game Department's Lt. Douglas Gralenski, the pair spent Wednesday night in a storm bunker built into the Lake in the Clouds Appalachian Mountain Hut just south of Mount Washington.

On Thursday morning, they were caught in dense fog with almost zero visibility, so they waited until Friday night for it to lift.

On Saturday morning they ran out of fuel for their stove, leaving them with no heat or water from melted

Search

• Hiker Gabriel Fortin told CBC News that he and Stephanie Desilets heard the helicopter through yesterday morning, but that thick forest kept them from being able to see it. "It was very frustrating because we could not see it and we were sure they could not see us," said Fortin.

CBC NEWS ONLINE

snow, so they decided to follow a dried riverbank that went in the direction they were heading.

However, the riverbank dropped into a very remote ravine that Gralenski said is "very tough slogging, even with snowshoes."

A search helicopter located their tracks at 10 a.m. yesterday and after following the tracks for a couple of hours found the pair, still in good condition, and airlifted them out.

Share**Your**Views
ottawaletters@metronews.ca

Crashed plane on autopilot: Investigator

NEW YORK A U.S. investigator said yesterday that the Contintental commuter plane that crashed last week near Buffalo, N.Y. — killing all 49 people on board — was running on autopilot before it went into a stall and crashed.

Steve Chealander of the National Transportation Safety Board (NTSB) said the plane went into full power in the final seconds in an attempt to regain airspeed.

The NTSB recommends flying manually in icy conditions, but Chealander said there is no rule that the autopilot must be disengaged in such circumstances.

The pilots had reported "significant" ice buildup on the plane's windshield and wings before crashing.

Chealander said the pilots had turned on the de-icing equipment 11 minutes after takeoff from Newark, N.J., a "very conservative" move he said, and that it was on for the entire flight.

Investigators continue to examine the voice recordings and flight data from the Toronto-built Bombardier Dash 8 Q400 turbo-prop. METRO NEWS SERVICES

Tests for alleged subway pusher

TORONTO Psychiatric tests have been ordered for a man accused of pushing three teens into the path of a subway car in Toronto on Friday. Adenir DeOliveira, 47, of Toronto, is in custody pending a bail hearing.

Two of the teens barely escaped serious injury in the allegedly unprovoked attack after landing on the tracks. The third teen managed to stay on the platform.

METRO NEWS SERVICES



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Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

Library closed for statutory holiday All branches of the Ottawa Public Library will be closed and there will be no bookmobile service on Family Day today. METRO OTTAWA

Local



Suspect sought in TD heist

Bank on Feb. 11 at the plaza at Meadowlands and Prince of Wales Drive. The suspect, an English-speaking black male, approached the teller and asked that money be placed into a yellow plastic bag. The suspect is about 20 years old, five-foot-eight and 160 pounds. Contact the robbery unit at 236-1222 ext. 5116 or Crime Stoppers at 233-8477. METRO OTTAWA

Kindness Week a free fix for tough times

TRACEY TONG tracey.tong@metronews.ca

With the stress of the recession, the residual frustration of the transit strike and general winter doldrums, Kindness Week in Ottawa may be just the thing to get residents' spirits up, said the chairman of Ottawa Kindness Week yesterday.

"This time of the year couldn't be better for it," said Rabbi Reuven Bulka of Congregation Machzikei Hadas. "We have a downturn that have a lot of people upset, a strike, and we didn't even have the Senators do well.

"Hopefully, acknowledging each other and helping each other will make a difference."

Facilitated by United Way/Centraide Ottawa, the second annual Kindness Week, which runs today through Sunday, will feature activities throughout the community.

"It's a simple idea," said Bulka. "It's not expensive, and the return to the investment is dramatic. It's very little expenditure and the amount of good it does is absolutely beyond. Kindness is recession proof," he said.

"And the more things you do for someone, the better you feel about your-

Bulka got the idea last year, when he started 'wondering what we could do to make a good place ever better.'

"A transit strike, an uncertain economy and a long winter can test even most thoughtful amongst us," said United

"It's a simple idea. It's not expensive, and the return to the investment is dramatic."

Rabbi Reuven Bulka

Way/Centraide Ottawa president and CEO Michael Allen. "There's no doubt that we can all use a little more kindness in our lives right now."

One of the driving tools behind Kindness Week is the Kindness Card, which carries the "pay-itforward" message. More than 200,000 cards will be distributed throughout the

community at events, in schools, workplaces, restaurants, and by the Kindness Crew. Recipients are encouraged to do something kind and then leave the card behind. The person on the receiving end can then share where and how kindness happened to them kindottawa.ca.

Other initiatives include

handing out kindness citations individuals "caught" being kind during Kindness Week, which can be redeemed at Rideau Bakery locations for a free treat; the Drive for Drivers Project, which provides transportation for seniors and adults with disabilities to attend essential medical appointments; and the Kindness Crew Bus Tour, which tours the city performing acts of kindness. Today, they will be sorting food at the Ottawa Food



Cold saves the day at Winterlude

Ottawa

TRACEY TONG tracey.tong@metronews.ca

After a week of unseasonably warm and rainy weather, the cold came just in time to save the second weekend of Winterlude.

The National Capital Commission had closed both the Rideau Canal Skateway and Jacques Cartier Park to the public during the week, but were able to partially reopen both by 1 p.m. Saturday.

By yesterday morning, the Skateway was fully

NCC spokeswoman Julie Rocheleau called it an "amazing weekend.

'There were a lot of people out both days.'

Although the NCC doesn't give out attendance numbers until the end of the three-week festival, Rocheleau

said Friday's Jim Cuddy concert attracted 6,000

people to the Snowbowl, while 9,000 people attend-

ed the Roch Voisine concert on Saturday, More than 650,000 attend Winterlude annually.

Despite the warm week, the sites were in good shape, Rocheleau said.

"We've been doing this

for 31 years and we've learned to expect the unexpected," she said.

Over at Jacques Cartier Park, the artists for the weekend's snow sculpting competition didn't have it

easy, as they had less time to work. But Winterlude **'09** there were lineups for

the snow slides by the time the park reopened Saturday afternoon, Rocheleau said.

The NCC's Ice Safety Committee attended the Skateway at 6 a.m. yesterday to test the ice, and were able to reopen the entire canal by 7 a.m.

Toronto resident Marnie Hillman, who visited Confederation Park with her family yesterday, said she was thrilled they were able to go skating.

"We were planning this trip for a while, and we were starting to get worried when we heard from friends that the canal was closed because of the thaw," she said.

"But it's cold again, and I never thought I'd say this, but that makes us really happy."

Great Canadian The Beaver Pond Hockey Championship held yesterday at Dow's Lake was also a huge success, Rocheleau said.

City honours Obama with tulips and treats

POLITICS Local groups and businesses will be making sure there's lots of fanfare on the occasion of U.S. President Barack Obama's visit to the nation's capital Thursday.

The Canadian Tulip Festival will display a five-foot tulip this week at the Rideau Centre in honour of Obama's state visit.

Created by local artist Jill Alexander, the tulip depicts Obama's campaign messages of hope and change through the president's facial profile, along with other U.S. national symbols. In Canada, the tulip is a symbol of international friendship that dates back to WWII when Dutch community gave Ottawa a gift of tulip bulbs in appreciation of the safe haven extended to the Dutch Royal family.

The tulip festival, which

runs from May 1 to 18 this year, attracts more than

500,000 visitors annually. Meanwhile, the founders of BeaverTails Canada have officially invited Obama to drop by their booth on the Rideau Canal Skateway.

"We hope he can make it, but we understand fully if he has other things on his mind and can't make it on this first official trip to Ottawa," said Grant Hooker, who travelled to Washington, D.C. to serve 1,800 ObamaTails to guests celebrating the presidential inauguration on Jan. 20.

He added that the invitation stands for the next eight years.

The ObamaTail will be added to the menu of all BeaverTails on the Rideau Canal Skateway, and in the ByWard Market on Thursday.

TRACEY TONG / METRO OTTAWA

News in brief

TRANSIT Some OC Transpo buses will be running a bit early starting this morning — by a full week. Full service to routes 16 from Lincoln Fields to the Hospital Complex on Smyth Road; 116 from Baseline Station to Greenboro Station during peak periods; 172 from Bayshore Station along Richmond Road, to Baseline Station during peak periods; and 174 from Trend-Arlington area to Baseline Station and Carlingwood will come back sooner than planned. Starting today, 600 buses will be in service — 30 more than the previous week. METRO OTTAWA



Video Theory says Arctic and Antarctic species have same origins, but became opposites at metronews.ca/world

Lotteries

<keno> Friday, Feb. 13: Lotto Super 7: 5, 8, 11, 20, 30, 33 & 45. Bonus 26

Saturday, Feb. 14: Lotto 6/49: 16, 25, 29, 37, 45 & 49. Bonus 20

Sunday, Feb. 15: Ontario Pick 3: 9 0 9; Ontario Pick 4:8028; Encore: 8486466; Daily Keno: 5, 11, 15, 16, 18, 26, 28, 29, 36, 38, 44, 46, 51, 52, 54, 58, 61, 63, 65, 67. — Unofficial results

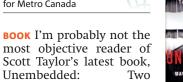
Ottawa's Cold War bunker is screening The Battle of Algiers tomorrow night at 7 p.m. The screening of Gillo Pontecorvo's 1966 film is held 60 feet underground. For more information, visit www.diefenbunker.ca. METRO OTTAWA

local

3

At war, home and abroad

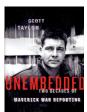
STEVE COLLINS for Metro Canada



Unembedded: Two Decades of Maverick War Reporting, his memoir of exposing corruption in the Canadian military and reporting from war zones like Afghanistan, Bosnia and Iraq.

Taylor, the Ottawa-based editor and publisher of the military magazine Esprit de Corps, is my friend, mentor and onetime neighbour. It's a small country, and the recklessly independent Taylor has made many friends and enemies.

The book's title refers to the practice of "embedding" reporters with military units. Journalists live with the soldiers in the



field, depend on them for their safety, and, if their handlers do their job properly,

see and report just what the military wants them to.

While media organizations used to shun these sorts of arrangements, the practice has grown as editorial budgets have shrunk, and the temptation to take on the point of view of your hosts and protectors is powerful.

Taylor has long refused to stay with the media tour, and made a point of interviewing the "enemy," whether Serb, Iraqi or Taliban. Travelling on his own ticket, Taylor has often ended up in over his head. In

the book, he recounts his sense of "impotence and injustice" witnessing the gang rape of a woman by if armed Slovenian paramilitaries and a night in Morocco spent hiding in the bushes from a gang of muggers with switchblades.

When he went missing in 2004, taken hostage by Ansar al-Islam Mujahadeen in Northern Iraq, many, including Taylor, thought his story was over. He describes in brutal detail his five-day crucible, during which he was denounced as a spy, tortured, and told he was to die by beheading before being unexpectedly released.

He was lucky. According to the Committee to Protect Journalists, 41 journalists were killed in the line of duty or targeted because of their work last year, 11 of them in Iraq.

During Esprit de Corps'

muckraking '90s heyday, one of Taylor's favourite targets was Robert Fowler, the well-connected civil servant and diplomat who was then deputy minister of defence. In December, Fowler was abducted in Niger, while on a mission as UN special envoy to the country. His whereabouts remain unknown.

"This is something I wouldn't wish on my worst enemy," says Taylor, confirming that Fowler, for years, was just that. The two had finally met and buried the hatchet just a few weeks before Fowler's disappearance when both participated — on the same side — in a debate at Ottawa's Ashbury College.

As for Taylor, at 48, he's aware it may be a little early for memoirs, so he ends his tale with these words: "To be continued."

Carleton alum named Somalian PM

A former Carleton University student has been tasked with restoring order to the failed Horn of Africa state following his appointment as prime minister of Somalia on Saturday.

After a 414-to-nine vote in his favour, Omar Abdirashid Ali Sharmarke, 48, took the oath of office at a session of the legislature in Djibouti.

"I will form a government of national unity that will give top priority to peace and security," he said. "The nation and the people are waiting for us."

The son of Abdirashid Ali Sharmarke — an elected president assassinated in 1969 — has both Canadian and Somali citizenship even though his family base is in Virginia.

Sharmarke and President Sheikh Sharif Ahmed, who chose Sharmarke to try to broaden the appeal of his government at home and "I will form a government of national unity that will give top priority to peace and security."

Omar Abdirashid Ali Sharmarke

abroad, are now faced with the task of bringing peace to Somalia for the first time in 18 years.

Armed Islamist insurgents have declared jihad against the new powersharing government.

In Mogadishu, several hundred people held a rally in favour of the new prime minister.

"I am more optimistic about the future of Somalia than I have been in a number of years," Professor David Shinn, an Africa expert at George Washington University, told Reuters.

METRO NEWS SERVICES

Expert expects more job losses in 2009 will see 400,000 job losses. cline in corporate profits, tively shallow," she said.

Riding the

Recession

JESSICA SMITH

ECONOMY The evidence is mounting. Canadians are buckling down for a recession by saving their money and worry about job loss is on everyone's lips as they see their wealth in stocks and real estate diminish.

"There are a number of tangible ways that people feel a recession," TD Bank Financial Group director of economic forecasting Beata Caranci said.

In Canada, the recession began in the last quarter of 2008. Between the peak of employment in October of 2008 and the end of 2009, Caranci predicts Canada will see 400,000 job losses. In January alone, Canada shed 129,000 jobs.

"So clearly it affects people directly," she said. "And obviously as profits de-

people, often when they're worried about their

about their future, they start thinking about savings more, and w

more, and when people save more it causes a ripple effect through the economy, causing sales to drop, which causes retailers and other people to lose their iobs."

When people spend less money, businesses suffer, she added.

"In this cycle we're seeing about a 30 per cent de-

cline in corporate profits, and that would be the largest annual decline on record," Caranci said. "So obviously as profits de-

cline, stock

wealth is affected, and you see real estate wealth being affect-

ed because home prices fall as confidence falls."

Caranci predicts the most job losses will come in the next six months, and then the fiscal and economic stimulus provided by governments will start to take effect.

"We think by the end of this year you'll start to see recovery, but it will be rela**University of Ottawa**

"It'll feel like a much better

year in 2010. This year is

going to feel very difficult

for people."

Information evening and fair

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Whether you're a high-school student, a CEGEP student or the parent of a future university student, be sure to take part in this event.

Wednesday, February 18, 2009

5 p.m. to 9 p.m.

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85 University Street

Parking will be free on the uOttawa campus starting at 4 p.m. (except at parking meters).



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Police seeking two suspects for stabbing

TRACEY TONG tracey.tong@metronews.ca

CRIME Ottawa police have released photos of two men in hopes that the public will be able to assist in identifying the suspects in

a stabbing incident on Elgin

and Frank streets Jan. 24.
Just before 3 a.m., two
men became involved in a
fight with five to six other
males. During the incident,
one man suffered a stab
wound to the lower abdomen, police said.

The suspects fled the scene in a Blueline taxi parked in front of the Elgin Street Diner, and were dropped off at 456 Cooper St.

While police have charged Ali Dahir Ahmed, 23, with assault, aggravated





Police are asking the public to help identify two men that are suspects in a stabbing incident on Jan. 24.

assault and four counts of breach of undertaking, they are still seeking two suspects, both black males between 20 and 25 years

The first suspect has short dark curly hair, was unshaven and wearing a dark coloured three-quarter-length jacket and light-coloured pants. The second

suspect is clean-shaven with pierced ears and was wearing a white toque, a white hooded sweatshirt and a shiny dark jacket with a hood and light-coloured stripes on chest area. Anyone with information is asked to call police at 613-236-1222 ext. 5638 or call Crime Stoppers at 613-233-8477 (TIPS).

Pair charged with assaulting N.L. cop

Two men from St. John's, N.L., were arrested after a police officer was allegedly assaulted on Friday night. The pair also allegedly tried to steal the officer's gun. CBC NEWS ONLINE

Canada



He shoots, he scores in Punjabi

Hockey Night in Canada's weekly Punjabi broadcast, hosted by Parminder Singh and Harnarayan Singh, left, has been a success in the Punjabi community. On Feb. 21, when the Leafs play the Canucks at the Air Canada Centre the morning practice will be opened to the Punjabi community and the two hosts will announce from the arena for the first time.

TORSTAR NEWS SERVICE

Dziekanski's death by the book: Witnesses

From border agents to airport staff, witness after witness at the public inquiry into Robert Dziekanski's death said repeatedly they followed the

No one has yet said anything to indicate that something went wrong in the lead-up to the RCMP shooting Dziekanski, 40, with a Taser at Vancouver International Airport.

Airport security guard

Lance Rudek told the inquiry this week his job was to "observe and report" and not "to handle a person."

Rudek said he saw the RCMP fire the Taser only af-Dziekanski began squeezing the stapler he was holding and staples came out.

On that night, Oct. 14, 2007, worker airport Heather Staller, helping monitor calls, knew that the Emergency Response "I hate this stuff ... office politics. You can't get in trouble for not responding though."

email from airport worker Heather Staller to onsite medics

Services team should be contacted. Trained medics who were already in the airport would have arrived at the scene minutes before ambulances dispatched from outside. But Staller testified she was told by her

supervisors not to call the airport's ERS unit, a fact she relayed to her friend Andrew Caldwell, the supervisor that night at the ERS, via email.

"I hate this stuff ... office politics," Staller wrote to

Caldwell. "You can't get in trouble for not responding though.

Airport operations officer Carla Hanson, who was handling calls with Staller, said she "followed protocol" even though she was surprised that the order from her bosses was to not call the airport's own trained medics.

A maintenance worker, Karol Vrba, the only one at the airport that night who

could speak Polish, volunteered to help translate and told his dispatchers to call

He was told: "Don't worry about it."

The four RCMP officers are still due to testify. They were investigated by the RCMP, and crown counsel in B.C. decided last month there was not enough evidence to lay criminal charges against them.

TORSTAR NEWS SERVICE

NDP leadership hopeful says policies don't translate

POLITICS Ontario's New Democrats remain a distant third because of their inability to tap the labour vote and win more support from immigrants, women and youth, says leadership hope ful Andrea Horwath.

Despite policies aimed at their needs "those issues do not translate to having those people active in our party," the MPP for Hamilton-Centre told the Toronto Star's editorial board last week.

"That's challenging ... we need to broaden our base," she said during a wide-ranging, hour-long meeting, faulting the party for not being aggressive enough in areas where the Liberals and **Progressive Conservatives** have had more success.

TORSTAR NEWS SERVICE

Toronto Pashtun protest



Javed Akhtar speaks outside the Ontario legislature yesterday, a day when Pashtun Canadians of Pakistani and Afghan origin protested against the Taliban and its actions in Pakistan.

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Altercation leads to novel case

JUSTICE Ever since a heavy crate caused a head injury and made it difficult to walk, Ageel Ahmed has had trouble processing what people say.

On a February morning two years ago, he says his brain misunderstood a single word that proved costly.

In short order, he had bashed up a parking enforcement officer's car and found himself face down. handcuffed, charged with assault, mischief over \$5,000 and assault with a weapon and with a lump growing above his eve.

The confrontation took place outside a school after

a parking officer had ticketed Ahmed's car. According to Ahmed, the officer then said he could either pay the fine — or fight it.

Ahmed took the latter option not as an invitation to have his day in court, but to get into a physical fight.

"I couldn't get what he was trying to tell me," said Ahmed, 37,

The incident has led to a novel case before Ontario's Criminal Injuries Compensation Board. Ahmed is arguing he was the victim of a criminal act — at the hands of police — and deserves compensation.

TORSTAR NEWS SERVICE

Marine commits suicide after armed standoff

DESERTER A U.S. marine deserter fled to Nova Scotia, threatened his mother with a handgun, then killed himself on Thursday.

Police say Lance-Cpl. Timothy G. Scott stole a 9-mm handgun from his father's Virginia home and crossed the border with it. He headed for his mother's newlypurchased home in Upper Branch, N.S. After an armed confrontation in the mother's driveway, the soldier turned the gun on himself.

'We know that he was considered a deserter and the military were pursuing him," RCMP Staff Sgt. Mark

"We know

that ... the

Furey said on Friday. Scott left his unit at Camp Leje- military une, Va., around Feb. 10.

pursuing Police be- him." lieve Scott crossed the RCMP Sqt. Canada-

Mark Furey U.S. border at Woodstock, N.B., on Feb. 11. One day later police officers responded to a 9-1-1

were

call from a neighbour who saw a man carrying a firearm. That was followed by a call from Scott's mother, who said she was afraid and was going to hide.

Police found the man, trained their guns and told him to drop his weapon, but he walked away. A police dog later found the soldier's body near the house.

METRO CANADA

News in brief

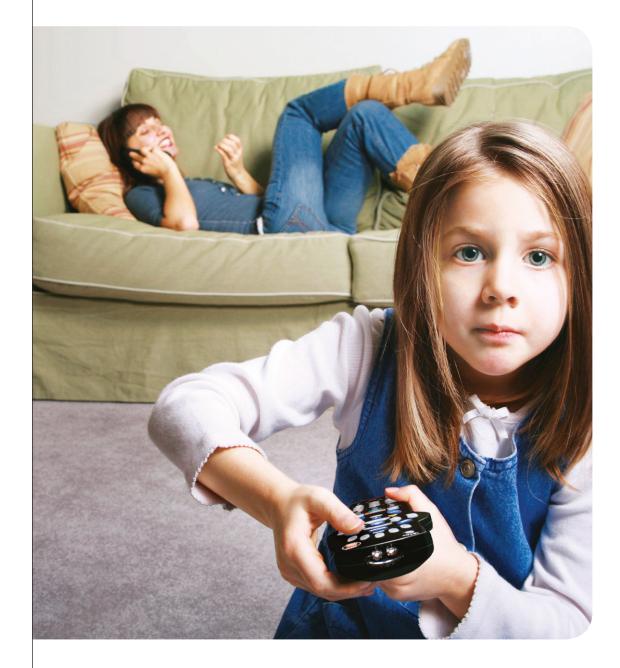
STABBING A London, Ont., teen who died in a stabbing early Saturday is being remembered as a "good kid" who

grew up just a stone's throw from where he was killed, CBC News Online reports. Matt Owen, 19, died of a wound to

his neck after being stabbed iust metres from the townhouse where he lived.

METRO NEWS SERVICES

SUDDENLY, GOING OUT SEEMS SO OVERRATED.



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Comment & Views

Comment

Making of a bag lady



n my city, BYOB has recently taken on a whole new meaning. Most grocery stores are now Bring Your Own Bags. As of July 1, it will be the law here. So wherever I go, I'll be schlepping bags.

Now, I am in favour of saving the environment. If asked, "Would you prefer the Earth to be (a) a leafy oasis full of frolicking baby seals or (b) a smoldering fire ball?" I'd answer (a) every time.

And I know that every year factories in this country spew tonnes of toxic gases into the air and dump oceans of non-organic waste into our water system. Clearly, the government had to act. So, it decided to solve the problem by making us bring our own shopping bags to

The thing is, I don't always remember my bags. I stand in checkout lines in a cold sweat. The cashier eyes me coldly, "Do you need to buy bags?" If I say

tooed on my forehead. I could pretend I have first" a dog. apvou have dog, world. buy-Then ing yesterplastic bags is not just socially acceptup. She suggested that I have a samit's

right responsible. I never have dog food in my cart. Damn. I should carry decoy dog food in case of just such an emergency.

Usually, I do the only sensible thing possible. I exit the store with boxes of Pop Tarts wedged under my arms and a pot roast shoved into my purse.

I have to admit in those "yes," I might as well have moments I've wished there
"Earth Hater" tatwere a way to fell the government how

I feel about its after the little proach to saving the day, I saw my doctor for a check-

know, a sample checked. "Do I go to the lab?" Her: You just put it in this envelope and mail it to a government office.

I suddenly thought "What a wonderful country we live in." Do you think people living under communist regimes are allowed to send poop to the government? I think not. These people only dream of such things.

This is not a perfect system. You're only allowed one envelope and you don't get to choose which government office you send it to.

But I did I leave the doctor's office thinking that not every government program seems designed to provoke me. This one was excellent. They'd even given me the bag.

Anne Hines is an author and humour writer.

transit committee operating

at arm's-length from the

city government. Compared

to OC Transpo, it has re-

mained comparatively free

of controversy in recent

years. Harry Gow, founding

president of advocacy group

Transport

2000 Canada,

is a prominent

voice calling

for the estab-

lishment of a

similar body

Ottawa.



Letters

Transit should be an essential service in cities

When a city has no means for its inhabitants to leave homes except for walking, the damage done to individuals, families and businesses is appalling.

How many people suffered financially?

How many children under 11 were left alone because a parent couldn't get to them?

How many elderly, single people spent two months entirely alone?

I am not alone in my complete disgust that transportation is not considered an essential service.

NATASHA SOROKAN, OTTAWA

Time to expand O-Train service on existing lines

It's becoming increasingly difficult to observe - and feel the consequences of how the City of Ottawa handles transit.

What can one say about

a city council which spends hours discussing how to get riders back on the buses and O-Trains using taxpayers' dollars discovering along the way that stopping the service for close to two months cost the City of Ottawa more than was budgeted to provide the service in the first place!

The bottom line is clear and, sadly, avoided: The transit stoppage should never have been allowed to happen; not only is public transit an essential community service, but buses aren't designed to be left unused for two months.

And the fact that the O-Trains resumed service six days before the buses sent a very clear message: Reliable O-Train service needs to be expanded ASAP on the existing railway lines which await light rail trains, starting with the Prince of Wales railway bridge across the Ottawa River.

DAVID GLADSTONE, OTTAWA

Transit refund reversal gobsmacking



Quite frankly, I'm scandalized. I was hoping that, at last, I'd written my last column about the damn transit strike. Then the city goes and cuts back the incentives OC Transpo had planned to disenfrancompensate chised passengers.

I'm specifically annoyed by the revised incentives for transit pass holders. Until Tuesday last week, OC Transpo's website stated December pass holders were entitled to free transit until the end of March. Now we're being asked to pay a significant portion (40 per cent) of the regular charge. Obviously, at \$32.40,

we're not talking a lifechanging amount of money. But it's gobsmacking that in the current climate the transit authorities have gone back on a promise. I'm a transit pass holder, and, taking the website at face value, spent the money I was due to save on an extra nice Valentine's weekend in the country. This U-turn smacks of indecision and incompetence, and is likely to rile

Council, rather than OC Transpo management, took the decision to revise the incentives. In a 12-hour debate, divisions echoed those in the behind-closed-doors meetings during the strike. A rural-urban divide has plagued council since amalgamation, making for some tense and tedious transit negotiations, particularly on the key issue of how to proceed with the transit master plan. Urban councillors, such as Capital Ward's Clive

Doucet, tend to favour plowing money into transit. Those representing suburban areas, including Barrhaven's Jan Harder, are more cautious. Harder was among the councillors who argued against free transit for pass hold-

services — it

native England. And, of course, elected officials should decide major transit issues, such as the expansion of light rail. But with the fare incentives, councillors have voted on partisan and political lines. The politicization of this issue concerning the day-to-day running of OC Transpo has caused confusion just at the wrong time.

It's extremely unhealthy.

Gatineau's STO is run by a

ers in March.
With the fare the privatiza- incentives. tion of transit councillors have has proved a **voted on partisan** disaster in and political lines.

Councillors wouldn't like their powers being stripped away. But rather than de-amalgamation, as advocated Doucet, it could help us move beyond the petty transit squabbles that characterize council's rural-urban di-

John Holmes is a writer for various publications in Canada and the U.K. He's never had a driver's licence, and has relied on public transit for all of his adult life.

SAID YES

Metro Online Poll Results

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7

World

White House dampens stimulus expectations

U.S. President Barack Obama's aides warned Americans yesterday not to expect instant miracles from the \$787-billion US economic stimulus bill he will sign this week, but said it would help eventually.

Obama is due to sign the bill passed last week by Congress in Denver tomorrow. It was the first major legislative victory of his young presidency, which could rise or fall with its success or failure.

"There will be signs of activity very quickly," David Axelrod, the White House senior adviser, said on Fox News Sunday. "But it's going to take time for that to show up in the statistics.

Auto industry

• U.S. President Barack Obama has decided to form a government task force to oversee the restructuring of the U.S. auto industry instead of naming a "car czar" with sweeping powers, a senior administration official said yesterday.

The president has said it's likely to get worse before it gets better."

White House spokesman Robert Gibbs used similar language on CBS's Face the Nation.

"I don't think there's any doubt that we've seen this economy has gotten worse just in the last few months. The acceleration in job loss probably means that this economy is going to get worse before it gets better."

Obama himself said last week that if he failed to heal the economy, he would be out of a job by 2012, when he faces re-election.

The White House hopes the package will save or create 3.5 million jobs. Mark Zandi, chief economist at Moody's Economy.com, said on Fox News yesterday that was likely too optimistic.

"By my estimate, it will add two to 2.5 million jobs, more than would be the case without stimulus, by the end of 2010," he said.

REUTER

Italy Flight of the Angel



Missoni fashion house heir Margherita Missoni is lowered by cable yesterday while suspended above Saint Mark's square in Venice. The event, called Flight of the Angel, marks the start of the carnival in the lagoon city.

China launches sex-ed program to fight taboos

EDUCATION China yesterday launched a national sex education campaign aimed at breaking traditional taboos and getting more people to seek treatment for sexually transmitted diseases and infertility.

Just seven per cent of women and slightly more than eight per cent of men seek immediate medical help for sexual problems, while more than a third of people never seek help, said a campaign adviser.

The campaign, called "the sunshine project to care for gender health," will feature posters, competitions and sponsorship of an international sex toy fair in Beijing, organizers said, in a bid to breach "painful topics" of sex.

It will be fronted by Hong Kong starlet Yvonne Yung and her husband, Will Liu.

REUTERS its on re-election.

News in brief

STEM CELLS U.S. President Barack Obama will soon issue an executive order lifting an eight-year ban on embryonic stem cell research imposed by former president George W. Bush, an adviser said yesterday.

CHAVEZ Venezuela's President Hugo Chavez won a referendum vote yesterday that will let him stay in power for as long as he keeps beating rivals in elections. Electoral authorities said 54 per cent of voters approved a constitutional amendment to remove limits on re-election.

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Watchdog eyes one-year TV licence renewals The Canadian Radio-television and Telecommunications Commission says it wants to allow one-year licence renewals, instead of seven years, to conventional television broadcasters in spring 2009 because of the financial issues faced by the industry. METRO NEWS SERVICES

Business



Home sales drop 37%

The Canadian Real Estate Association says January sales were down 37 per cent from a year earlier. Average prices of homes are also down 11.3 per cent to \$273,185, or more than \$30,000 cheaper than in January 2008. The association expects average home prices to decline another eight per cent this year as sales activity falls 16.9 per cent from 2008 levels. TORSTAR NEWS SERVICE

Top banker pins hopes on U.S.

The success or failure of a U.S. bank rescue plan will determine whether Canada can pull out of a recession later this year, Bank of Canada governor Mark Carney said on Saturday.

Even after hearing more details of the plan from U.S. Treasury Secretary Timothy Geithner during a weekend G7 meeting in Rome, Carney said it was

impossible to have an opinion on whether it would work.

The central bank has predicted Canada's economy will start growing again in the third quarter of this year, but said a precondition for that to happen is a stabilization of the global financial system starting with the U.S.

"The next couple of



"The next couple of months, in terms of execution, will be very important for the timing of that recovery."

Mark Carney, Bank of Canada

months, in terms of execution, will be very important for the timing of that recovery," he said.

Despite the worsening

global recession, Carney said the bank's outlook for the domestic economy has not changed substantially since January when the bank surprised markets with an unusually rosy scenario of 3.8 per cent growth next year.

He resisted the idea of altering the bank's official forecast any time soon. "For us to do a quick back-of-theenvelope interim forecast would not have the same quality ... you don't want hyperkinetics in central banking." REUTERS

CPP fund loses 14% on stocks

SHARES The investment fund backing the Canada Pension Plan suffered an \$18.3billion loss in 2008, pulling down its average annual return to about five per cent over the past decade.

Falling stock prices erased 14 per cent of fund prices reserves last year, or nearly four years worth of excess contributions from workers and compa-

Return

The fund's

ment return

ment bonds at

the time the

nies. "Times are difficult," David 10-year investsaid Denison. leads was less than who profes- the interest 460 sionals char- paid on 10with year governged building up reserve that CPP Investwill be need- ment Board ed to keep was created.

the annual payroll deductions required to pay CPP retirement and disability pensions steady.

Despite the low five per cent average return after two stock market crashes in a decade "the CPP as constituted remains strong and sustainable," said the chief executive officer.

Denison foresees an improvement for the \$117.4billion fund, starting within a few months. He expects to snap up stocks, real estate and infrastructure businesses at prices that would lead to much higher returns over the coming decade. We are seeing assets come on the market that we haven't seen trade in many vears." TORSTAR NEWS SERVICE

South Korea Construction site caves in



Firefighters rescue a worker who was buried alive when a construction site in Seongnam, on the outskirts of Seoul, collapsed yesterday. Three workers were killed and seven others injured when the site caved in during excavation at the state-of-the-art South Korean research complex.

No relief in sight from financial crisis: Flaherty

FINANCIAL Finance Minister Jim Flaherty said Saturday he expected more bad economic data like the recent jobs and trade reports that shocked markets showed how badly the global financial crisis has hit Canada.

Asked about his expectations for manufacturing sales in December, to be released by Statistics Canada today, he said: "I expect the numbers of all kinds to continue getting worse month after month this year."

Analysts expect the ailing manufacturing sector to have posted a 5.3 per cent decline in sales in the final month of last year. That would come on the heels of worse-thanexpected reports showing

Rescue plans

• Finance Minister Jim Flaherty said a failure of bank rescue plans in the U.S., United Kingdom and Germany would mean a prolongation of Canada's recession.

record job losses in January and a trade deficit in December for the first time in nearly 33 years.

With signs the recession is deepening, Flaherty said the minority Conservative government had no plans to revise economic or fiscal forecasts when it reports to Parliament in March on implementing the budget, which contains a \$40-billion stimulus package.



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In **brief**

BEIJING China's official Xinhua news agency has slammed the "Buy American" requirement of the U.S. economic stimulus package in a commentary. This is the first indication of the reaction in Beijing to the measure, which has been criticized by U.S. groups that fear it could invite other countries to keep U.S. goods out of their own stimulus programs.

CREDIT CARDS As cash-strapped consumers in the U.S. think twice before buying a coffee or a newspaper, and banks fight for survival. Visa Inc. and MasterCard Inc. are cutting costs to sustain earnings. In their latest quarterly results, the world's largest payment networks beat expectations by slashing expenses and increasing prices. MasterCard slashed expenses 16 per cent in the fourth-quarter; Visa trimmed costs four per cent.

Air Canada loss tops \$1 billion

AIRLINES Air Canada, which lost more than \$1 billion last year, could be flying into the heart of a financial storm as a weak economy continues to sap demand for air travel.

The airline posted a worse-than-expected fourth quarter loss Friday of \$727 million as sales remained relatively flat at \$2.5 billion.

That compares with a profit of \$35 million a year earlier.

For the full year, Air Canada posted a loss of \$1.03 billion.

TORSTAR NEWS SERVICE

Therrien fired by Penguins

The Pittsburgh Penguins fired head coach Michel Therrien yesterday and named Dan Bylsma as his interim replacement. Therrien was relieved of his duties following Pittsburgh's 6-2 loss to Toronto a day earlier. METRO NEWS SERVICES

Sports



"I don't think I'm the bad guy ... It was a very emotional winter for me."

Yankees pitcher A.J. Burnett to the Toronto Star, on opting out of his Blue Jays contract and signing with New York. Burnett also credited Roy Halladay with helping him mature as a major leaguer during his days in Toronto. **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONEWS.CA

NBA All-stars converge in Phoenix



Kobe Bryant goes up for a basket next to Dwight Howard of the Orlando Magic in last night's NBA All-Star game in Phoenix. For a complete game recap, visit metronews.ca/sports.

Trade 'as much about right now'

NBA After weeks of speculation, the Raptors and Miami Heat pulled the trigger on a trade Friday that sent Jermaine O'Neal and Jamario Moon to Miami for Shawn Marion and Marcus

"We obviously have time to make a run for the playoff position we're seeking," Raptors GM Bryan Colangelo said Friday.

This transaction makes us better and more competitive. This is as much about right now as it is about the future." Marion is a free agent after the season, giving Toronto some

flexibility with US\$17.8million contract able to come off the books. It also allows the Raptors to part ways with O'Neal's contract, which

Marion

has one year left on it. "In retrospect I don't want to say the Jermaine O'Neal deal was a complete failure," said Colangelo. "But I think our team has not performed at the level this year it could have and should have."

The Raptors, five games behind Milwaukee for the eighth and final Eastern Conference playoff spot, also gave up a conditional draft pick, and received cash in return.

Marion and Banks are expected to make their Raptors debut Wednesday against Cleveland.

METRO NEWS SERVICES

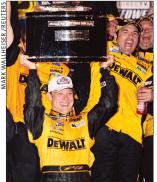
Kenseth wins a messy Daytona 500

Matt Kenseth won yesterday's Daytona 500 after NASCAR officials pulled the plug 48 laps from the scheduled 200-lap distance because of rain.

Kenseth, the 2003 Cup Series champion, avoided a major wreck midway through the race and then grabbed the lead on Lap 146 when he got a push from Kevin Harvick and passed Elliott Sadler. He held the top spot just before the eighth

and final caution came for an incident involving Aric

Rain fell on Daytona International Speedway by Lap 150 and the red flag was displayed two laps later. NASCAR called the race shortly after, giving Kenseth his first victory in NASCAR's most prestigious race of the year. Kenseth started the race from the rear of the field since he used a backup METRO NEWS SERVICES



Matt Kenseth celebrates.

Breakthrough for Canada on the slopes

Canadian ski racer Michael Janyk stood at the top of an icy pitch where so many hopes had been shattered yesterday with one thought: Podium or bust.

In a scenario that could be similar to one he'll face in next year's Olympics in his hometown of Whistler, Janyk knew he had to risk it all in his second run of the men's slalom, the curtain closer at the world alpine championships in Val d'Isere, France.

"I was in the start and I said to myself 'We have nothing to lose. I'm in ninth place. I want to move up as much as possible and I need to attack.'

The 26-year-old did just that and was rewarded with Canada's first medal yet in a men's technical event at the

fidence, knowing that I can perform on a big day," said Janyk.

"With this result today, for sure it will bring more pressure to next year and the Olympics, but as I see it not too many athletes get the chance to race in their hometown, especially their home country for the Olympics.

"No matter what the pressure and no matter what the outcome, I'm ready for it and glad that it's happening.

Janyk wasn't sure his time was going to stand up for a medal, but as he stood at the bottom of the course watching favourites go down he begain to realize he might just pull it off.

"When I saw the guys who were ahead of me in first the



Christine Nesbitt and Kristina Groves earned Canada two more medals at a World Cup long-track speedskating competition yesterday. Nesbitt, of London, Ont., placed second in the women's 1,500-metre competition, while Groves, of Ottawa, was third.

making those mistakes, I started to get a bigger smile and a bigger smile."

Manfred Pranger of Austria won the gold in a combined time of one minute, 44.17 seconds, ahead of Frenchman Julien Lizeroux (1:44.48) and Janyk (1:45.70).

TORSTAR NEWS SERVICE Michael Janyk walked away with bronze in the men's slalom at the World Championships.

Sports in brief

"It gives me a lot of con-

champi-

onships, win-

men's slalom.

ning a bronze

medal in the

SOCCER David Beckham said yesterday it would be difficult for him to return to Los Angeles Galaxy if his permanent move to AC Milan does not materialize. The England midfielder, on a twomonth loan at Milan, wants to stay in Italy but Galaxy said on Friday that he must go back to Los Angeles after a Major League Soccer deadline to complete the transfer passed. Beckham was substituted early in the second half of yesterday's game against Inter Milan because of a slight calf injury.

HOCKEY Sean Avery appeared in his first competitive hockey game in two months with the AHL's Hartford Wolfpack on Saturday. Avery was involved in two minor scrapes in Hartford's 4-1 loss to the Manitoba Moose in front of 5,899.

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Let nature help dry your clothes

10

Hang your clothes up to dry. One load in the dryer uses enough energy to toast 250 pieces of bread, according to Change The World For Ten Bucks: 50 Ways To Make A Difference. METRO NEWS SERVICES

The Toshiba Portégé R600 was named the greenest notebook in Greenpeace's second annual Green Electronics: The Search Continues survey. The survey assessed more than 50 consumer electronics on their use of hazardous chemicals, energy efficiency, overall product life cycle and other factors such as the promotion of environmental friendliness and innovation. METRO NEWS SERVICES

Greenest notebook

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Putting a charge into vehicles

Hybrids and electric cars are sound decision for the environment

EarthTones



n his first week in office, U.S. President Barack Obama announced that his administration would let states independently regulate fuel efficiency standards. This gives unprecedented power to states like California to transform the North American auto industry, which will have a tremendous influence on the cars we drive here in Canada.

With a new imperative on Detroit (spun to appear as enthusiasm), the Big Three are finally getting on track with new models, electric electric/gas hybrids, even electric/diesel hybrids. Many people skepticism about hybrids and electric cars because, of course, electricity does not come free. Cars that run on electricity do not produce

tion of the electricity to charge batteries certainly does. With this in mind, we thought it would be a good time to look at the question of what cars make sense from an environmental standpoint.

A good starting point for comparing vehicles is the GREET Model (Greenhouse gases Regulated Emissions and Energy use in Transportation) developed by the U.S. Department of Energy's Argonne National Lab-

oratory. This model allows you to consider many different "well-towheel" scenarios

greenhouse gases during ergy generation, delivery, operation, but the produc- and fuel use. Too many to fit into a short article like this.

But, in brief, running scenarios for passenger cars and assuming the United States' current energy portfolio (how they generate electricity), electric cars do outperform conventional gasoline powered cars, using about 60 per cent of the energy, and producing about 70 per cent of the greenhouse gases.

your new Mustang or Charger is not a one-trick pony. Too often we think of the environment only in the context of greenhouse gases. Diesel and gas cars do outperform electric cars in terms of sulfur oxide and fine particulate matter production in the U.S., mostly due to the large number of coal-fired plants in the U.S. Oxidized sulfur compounds in the atmosphere cause acid rain and fine particulate matter contributes to respiratory

So

been

far. we have talking about conand it worth putting this all into a con-

text. We have a very different energy portfolio, using more hydro- and nuclear-generated power. In 2003, Canada produced about one-third the carbon dioxide per megawatt hour, meaning that operating an electric car here might produce 20 to 30 per cent of the greenhouse gases generated in operating a gasoline-powered car. The disparity grows even larger when considering the carbon-intensive extraction of oil-sands petroleum.

So, what does this all mean? Conventional gasoline engines are the worst of the lot, no surprise there.

Here in Canada, go ahead and buy that hybrid or new electric model and feel comfortable that you are making a sound decision for the environment. However, the surprise is that, given the current energy portfolio in the United States, gas hybrids can only beat diesel cars for energy efficiency and greenhouse gas production if you run on the electric motor more than 50 per cent of the time. Even then, these hybrids will be responsible for more sulfur oxide and particulate matter in the atmosphere. Although these same hybrids would outperform diesels in Canada's power mix, the auto industry should be building and marketing more diesel models given the infrastructure realities to our south.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor



Green your home, get reduced rates

SAVINGS Did you know some Canadian banks will reduce your interest rate on a mortgage by as much as one per cent if you invest in certified Energy Star appliances, windows, or heating and cooling equipment in your house? That can add up to \$2,000 in your pocket.

Meanwhile, the Canadian Mortgage and Housing Corporation gives qualified homeowners a 10 per cent green refund on mortgage loan insurance premiums if you buy or build an energy-efficient home, or make energy-saving renovations to existing homes.

DAVID SUZUKI FOUNDATION

Carbon-free polar station opens

ANTARCTICA The world's first zero-emission polar research station opened in Antarctica yesterday and was welcomed by

Melting

monitoring

global warm-

higher tem-

could hasten melting

Antarctica, the

world's largest

repository of

fresh water,

raising sea lev-

els and alter-

ing shorelines.

If Antarctica

ever melted,

world sea lev-

els would rise

by about 57

peratures

Scientists

predict

scientists as proof that alternative energy is viable even in the cold-

regions. **Pioneers** Belgium's Princess Elisabeth

station in East Antarctica said if a station could rely on wind and solar power in Antarctica

metres. - mostly a vast, icy

emptiness — it would undercut arguments by skeptics that green power is not reliable.

"If we can build such a station in Antarctica we can do that elsewhere in our society. We have the capacity, the technology, the knowledge to change our world," Alain Hubert, the station's project direc-

tor, told Reuters.

Sponge shows antidote promise

BACTERIA A compound from a sea sponge was able to reverse antibiotic resistance in several strains of bacteria, making once-resistant strains succumb to readily available antibiotics, U.S. researchers said Friday.

"We can resensitize these pathogenic bacteria to standard, current-generation antibiotics," said Peter Moeller of the National Oceanic and Atmospheric Administration's Hollings Marine Laboratory in Charleston, S.C.

Drug-resistant bacteria are a growing problem in hospitals worldwide, marked by the rise of superbugs. Such infections kill about 19,000 people a year in the United States.

REUTERS

Global warming more serious than predicted, U.S. scientists report

electric

The climate is heating up far faster than scientists had predicted, spurred by sharp increases in greenhouse gas emissions from developing countries like China and India, a top climate scientist said Satur-

"The consequence of that is we are basically looking now at a future climate that is beyond anything that we've considered seriously," Chris Field, a member of the Intergovernmental Panel on Climate Change, told the American Association for the Advancement of Science in Chicago.

Field said "the actual tra-

"There is a real risk that human-caused climate change will accelerate the release of carbon dioxide from forest and tundra ecosystems, which have been storing a lot of carbon for thousands of years."

Scientist Chris Field

jectory of climate change is more serious" than any of the climate predictions in his group's fourth assessment report, called Climate Change 2007.

He said recent climate studies suggested the continued warming of the planet from greenhouse gas emissions could touch off large, destructive wildfires in tropical rain forests and melt permafrost in the Arctic tundra, releasing billions of tonnes of greenhouse gases that could raise global temperatures even more.

"There is a real risk that human-caused climate change will accelerate the release of carbon dioxide from forest and tundra

ecosystems, which have been storing a lot of carbon for thousands of years," Field said.

He pointed to recent studies showing the fourth assessment report underestimated the potential severity of global warming over the next 100 years.

"We now have data showing that from 2000 to 2007, greenhouse gas emissions increased far more rapidly than we expected, primarily because developing countries, like China and India, saw a huge surge in electric power generation, almost all of it based on coal," Field said.

REUTERS

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Metro Workology exclusive: Matters of the Heart

Don't miss Matters of the Heart, Metro's exclusive feature series in the Workology section. There are jobs to be had that focus on falling in love, falling out of love and everything in between; we will be digging up the stories for you, so check for Workology on Mondays and Metronews.ca/work as well for the whole series.

The University of Calgary's board of governors approved the location for the school's new downtown campus, which will "quickly become the intellectual and cultural centre, and meeting place of Calgary," officials say.

UCal goes downtown

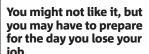
METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Coping with a layoff

Riding the Recession

BRIAN TOWIE for Metro Canada



It's an ugly reality workers face during an economic downturn, especially one as severe as the current crisis Canadians are experiencing. Companies often cut jobs to save on their budget, which might mean layoffs for you or those with whom you work. It's a harrowing experience for those who have gone through it, but if you know your rights and your options, you can survive it and get back on your feet relatively quickly.

The old saying goes, 'If your neighbour loses his job, it's a recession, but if you lose your job, it's a depression," says Laurell Ritchie, national representative for the Canadian Auto Workers union. "These days, many people are nervous about losing their job."

Layoffs aren't always fair. Contracts often dictate the terms of your employment and since they're more than



Being laid off isn't easy but people must remember it's not the end of the world and it's not their fault.

likely drafted by the company, they'll favour its rights over your own. Your province will have employment standard laws in this regard. Experts advise consulting an employment lawyer.

Though there's little you can do to prevent it, Ritchie notes there are tell-tale signs that layoffs at your company are on their way.

"Watch out for reductions in work hours that last more than a couple of weeks, especially if the em-

"People need to make sure they stay in control of their

life." Andrea Garson

ployer doesn't arrange for E.I. work sharing benefits," she said. "Layoffs may also follow if an employer restructures or there's a change in ownership. And of course, layoffs are always a risk when inventories are building up while orders

"People need to make sure they stay in control of their life," Andrea Garson, vice-president of human resources at Workopolis, said. "Focus on what you can do. Certainly our ability to find more work is dependent on the daily goals we set for ourselves. Accept support from other people. Companies may offer out placement services, which people should absolutely avail themselves of. If you're coping, help your family cope too. Also set up a budget:

Life can't go on as normal, so people have to adjust their spending."

Above all else, it's important to remember that you're probably not to blame. In situations of this kind it's the position that has become redundant, not you. Keep in mind that you've still got the skill and experience to find new work, and options are available to help you do that.

"Remember ... the layoff is not your fault," says

Sometimes, the time of death is all in the bug count



ou probably know from cop shows that time of death is important for catching a killer. The medical examiner can usually figure it out from things like body temperature and rigor mortis.

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"That's only good for the first 24 hours. After that, it's the insects," says Gail Anderson, professor of criminology and co-director of the Centre for Forensic Research at Simon Fraser University.

As a forensic entomologist (entomology is the study of insects) Anderson, 47, can tell the cops how long a person has been dead based on the bugs found on the decaying body. It's a practice that dates back to 12th century China.

When the police call her in, Anderson or one of her five grad students have a look at the crime scene and take a note of whether the body was in the shade or exposed, ask if the person had been using drugs and take samples of the insects on the scene.

Then it's off to the lab to

grow the insects to full maturity, which takes a few weeks. Only then can Anderson and her team determine the bugs' precise species and age. This is important: Different insects show up on a body at different times. The earliest critters on the scene are usually blowflies (the green creatures that look like house flies and are very fond of dog poo). Beetles, for instance, show up much later.

The progression of bugs and how long they stay varies from region to region. Anderson refers to published studies, including her own, to decide on time of death. Depending on how much time has passed, she can usually get it down to a range of days.

Through the centre, Anderson assists on about 20 cases a year, helping police from across Canada.

Anderson's interest in bugs was piqued back when she was growing up in England. She was just 14 when she learned about insects in school, and thought they were pretty interesting.

She studied zoology at the University of Manchester, and moved to Canada to take the world-famous masters of pest management program at SFU. While doing her PhD, her supervisor told her there was a demand for mixing her knowledge of bugs with police work. She immediately took to working at crime scenes. "I could see what I was doing was useful. I liked seeing my research applied."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

12

Party for Paris

Paris Hilton threw a wild pink-themed 28th birthday bash for herself Friday evening at her home in Los Angeles that lasted well into the night, with Paris dancing on her stripper pole for guests. She gave partygoers only one rule, "You have to wear pink to get in." INTOUCHWEEKLY.COM

Entertainment

Mommy M.I.A.

at the Grammys last week by giving birth. The Sri Lankan singer said on her MySpace blog that her first baby, a boy, was born on Wednesday.

METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

Weekend box office

- Friday the 13th: \$42.2 million US
- He's Just Not That Into You: \$19.6 million
- **Taken:** \$19.3 million
- Confessions of a Shopaholic: \$15.4 million
- **Solution Coraline:** \$15.3 million
- Paul Blart: Mall Cop: \$11.7 million
- **7 The International:** \$10 million
- The Pink Panther 2: \$9 million
- **Slumdog Millionaire:** \$7.2 million
- Push: \$6.9 million

REUTERS

The crying game

Music gives Antony Hegarty freedom to express

ROB MCMAHON for Metro Canada

A conference call seems a fitting way to connect with Antony Hegarty, of Antony and the Johnsons.

The Mercury Prize winner spoke about his work as a shifting expression of identities, experiences, influences and sounds rather than any fixed product of his imagination. As the interview progressed, his accent changed, and hints of Irish lilt and laid-back Californian bubbled forth and disappeared.

"My speaking voice came as a result of moving around a lot as a kid — it was a coping mechanism, as I adapted my accent to my location," he said. "If I'm speaking to French people, I'll use my French accent; in England I'll use English. I can't control it. But when I sing, I feel like it's my real voice."

When he started singing as a child, report cards praised Hegarty's enthusiasm, but not his prowess. Moving to America from Britain at 11, he turned to pop favourites Boy George and Kate Bush; then moved on to Nina Simone and others in his late teens, absorbing and expressing influences.

"When singing, even when I was very young, (I remember) it felt like a place I could express things I can't express in real life," he said. "I still have suitcases full of cassettes of songs I wrote as a kid."

In 1990, Hegarty moved to New York to study experimental theatre and form the cabaret collective Black Lips. Along with singing with disco-house revivalists Hercules & Love Affair, he's worked with Boy George and Lou Reed, as well as Björk, Devendra Banhart and the London Symphony Orchestra.

On his group's latest album, The Crying Light, Hegarty's voice exhibits this multifaceted personal history — blending feminine with masculine, sad ballads with joyous vibrato choruses, and arranging cello, strings and piano, compositions focused on negative space. This description fits



Antony and the Johnsons frontman Antony Hegarty, above, spoke to Metro about his band's latest album, The Crying Light.

Hegarty's approach to music-making in general. Whether lyrical themes, sounds or relationships, he's focused on keeping things open to allow for spontaneous collaboration.

"If all (a song) is, is a document analyzing what I feel

individually, it's dead in (the) water. I'm just one of many sources in the work," he said. "What's interesting to me is what happens in dialogue (and through) relationships — that potential to transform the work in performing it."

YOU COULD VIGHIS **BLU-RAY PLAYER** and a COLLECTION of BLU-RAY MOVIES featuring NIGHTS IN RODANTHE **GRAND PRIZE:** A Blu-ray player and collection of Blu-ray movies: Nights In Rodanthe, PS I Love You, Fool's Gold, Rumor Has It, The Lake House and No Reservations **SECONDARY PRIZES:** Nights in Rodanthe DVD **VISIT METRONEWS.CA AND ENTER** FOR YOUR CHANCE TO WIN! No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes February 14, 2009. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca. metr Do it daily.





entertainment 13

Glam sets Fashion Week tone

New York Fashion Week kicked off on Friday with glam and elegance setting the tone. Here are some highlights from day one and two:

BCBG Max Azria

Considering how depressing the present is, Max Azria had the right idea by focusing his fall collection on the future. Literally, the idea emerged through gold, metallic leggings paired with dresses that featured geometric shapes and precise cuts or fluid draping. Overall, it was more chic city girl than Judy Jetson.

Jason Wu

Sighs were heard as each one of Wu's breathtaking looks floated down the runway. It started with lady-like separates in mix-matched prints (patterned chiffon blouses with plaid tweed jackets), then transitioning to the real works of art: Elegant, ethereal and fantastical dresses. It was all fit for — forget the first family — royalty.

Vena Cava

Lisa Mayock and Sophie Buhai kicked up the wow



BCBG Max Azria

factor from last season's understated glamour, adding texture and embellishments to their trademark lean silhouettes. Their elegantly edgy motorcycle jackets, asymmetrical blazers and a silver foil cardigan were pitch-perfect, while the pieces featuring metallic



fringe seemed to be a creative miss.

Elise Overland

Rock 'n' roll glam clothes set the tone for the partylike atmosphere at Overland's presentation. The shiny metallic and sequined jackets, asymmetrical



Elise Overland

trousers, mini skirts and dresses all had a certain "What recession? I'm going clubbing!" air to it. Some favourite moments, though, were the more understated ones, such as a loose printed pant paired with a dry seaweed cotton jacket.

METRO WORLD NEWS

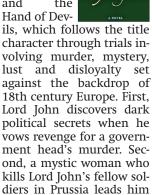
Trio of bizarre tales

Book**Picks**

Lord John and **The Hand of Devils**

Author: Diana Gabaldon **Publisher:** Anchor Canada Price: \$16.95 (Paperback)

Butchery, betrayal and the bizarre fill the trio of tales in LORD JOHN Lord John and the



to understand the danger-

ous lure of love. Finally,

Lord John stumbles upon a

traitor in his army while

hunting for the source of

an exploded cannon in

England.

Seer of **Egypt**

Author: Pauline Gedge Publisher: Penguin Canada Price: \$24 (Paperback)

Albertabased author Pauline Gedge returns to ancient Egypt in the second book of The King's



Man Trilogy, Seer of Egypt. The volume picks up with the story of Huy, whose childhood and coming-ofage was detailed in the series' first novel. Given the gift of clairvoyance from the deity Thoth, Huy has been charged with being the Seer of the King. But, despite the rank provided by the position, Huy can't help but feel restless, dreaming of simpler pursuits. When the King asks Huy to explain a dream, Huy realizes he's being coerced into a plot to replace Egypt's top god, which stands to compromise the country's future and principles.

> **BRIAN COULTON/** FOR METRO CANADA

Peter Gabriel spurns Oscars

MUSIC Peter Gabriel has rejected an offer to perform at the Academy Awards next week after the veteran British rocker learned he would have just a minute to sing his Oscarnominated tune from Disney's WALL-E.

Gabriel and composer Thomas Newman will compete for the best song Oscar on Feb. 22 with Down To Earth, a tune from the hit Pixar cartoon. The other two nominees are a pair of compositions from Slumdog Millionaire.

The songs are scheduled to be performed as a medley during the televised ceremony, which last year ran for almost three and a half hours.

In **brief**

LOS ANGELES A California appeals court Friday denied an attempt by the president of the largest U.S. actors union to block upcoming contract negotiations with Hollywood's major studios. Alan Rosenberg, president of the Screen Actors Guild (SAG), earlier this month sought a court-ordered injunction to block a new SAG negotiating task force — put in place by the union's national governing board — from resuming longstalled labour talks with Hollywood's major studios.

Vu SC C 8:00 9:00 10:00 10:30 11:00 Midsomer Murders 265 353 2 TVO Time Team (N) The Agenda With Steve Paikin Auschwitz:Nazi-Final Solution Agenda-Paikin 211 331 3 GTV ET Canada 24 (HDTV PA) (N) House "Unfaithful" (N) News (N) SRC Virginie (SC) Les Parent (N) L'Auberge du chien noir (SC) Les Boys (SC) Tout sur moi Le Téléjournal et Les Nou La Zone 209 342 6 CHRO Gossip Girl (HDTV) Ghost Whisperer News (N 196 311 7 CTV Hollywood Two/Half Men | Corner Gas (N) etalk Big Bang Th CSI: Miami (HDTV) Little Mosque 208 303 8 CBC Coronation St. Sophie (N) Just for Laughs (N) CBC News: The National Jeopardy! (N) Chuck (HDTV) (N 9 NBC Wheel-Fortune Jeopardy! (N) News (N) TVA 22 heures (10:45) Denis Lévesque Annie et ses hommes (N) (SC) Dr. House (HDTV) (SC) 117 713 10 TVA Les Gags Star Académie: Msr Showbiz 11 QS Beauté CSI: NY "Fées d'hiver" (SC) La Porte des étoiles (SC Cent dix pour cent (St C't'une joke 137 763 12 TFO Panorama L'Empire romain Cinéma "La Blessure Two/Half Men 362 13 CBS Dr. Phil (HDTV) Big Bang Th How I Met Worst Week CSI: Miami (HDTV) Two/Half Men News (N) 216 395 14 OMN2 Raymond Raymond Two/Half Men King Whose Sharia 214 344 15 CITY Law & Order: SVU 115 343 16 CFMT Two/Half Men The Bachelor (N) True Beauty (N) News (N) King of the Hill Vivere II The Simpsons News (N) News (N) The Simpsons Metropia How I Met 218 345 18 E! The Insider (N) The Soup Snoop Father Engagement News (N) - 361 20 ABC News (N) The Bachelor (N) True Beauty (N Podium Dossier public 512 396 24 CPAC Dossier public L'Heure politique Great expectations Tête-à-tête Life Today John Hagee 651 355 25 CTS Happy Days Michael Coren Show 100 Huntley Street This Is Day 365 36 FOX TMZ (N) 24 (HDTV PA) (N) Seinfeld House "Unfaithful" (N) News (N) News American Experience (HDTV) 64 PBS Business Rpt. Antiques Roadshow (N) Steves Europe 205 312 104 CTV Hollywood Gary Unmarr CSI: Miami (HDTV) Big Bang Th News (N) 502 390 26 NW CBC News Beyond Wiseguys: Italian **CBC News: The National** Campbell Brown: No Bias 500 500 33 CNN Lou Dobbs Tonight Larry King Live Anderson Cooper 360 (HDTV) 406 417 27 Sportspet Connected Darts World Premier Leagu Best Damn Top 100 Special net RDI en direct Le National 126 730 28 RDI 24 Heures en 60 minutes Grands reportages (SC) Le Téléjournal (SC) Le Téléjournal 400 280 30 TSN That's Hockey! NHL Pregame NHL Hockey Ottawa Senat **SportsCentre** 410 403 52 SCR RaceNight (9:15) WWE Monday Night Raw Score Tonight 411 457 56 OLN Dog the Bounty Hunter Dog the Bounty Hunter This Week in NASCAR (N) 417 406 59 SC Pimp My Ride Pass Time (N) SuperCars Barrett-Jacksor 554 544 48 TEL Totally Spies Total Drama 6TEEN 6TEEN **Futurama** Punch Robot Chicken | American Dad Moral Orel 557 540 51 FAM (6) Aladdin Zack & Cody Wizards-Place Life Derek Han. Montana Latest Buzz Ned's School Cory in House Zack & Cody 551 542 65 YTV Malcolm-Mid. Prank Patrol Cheaper by the Dozen 2 ★★ (20 Falcon Beach "Vigil Mystery Hnt. 570 580 29 MM mmmtop Listed "20 Dirty Ditties" Don't Forget the Lyrics! Don't Forget the Lyrics! Intervention "Chad" 615 520 31 A&E Intervention "Marie **Paranormal** Paranormal Ultimate Knockouts 6 628 584 32 SPKE Ultimate Knockouts 4 Ring of Death (2008, Action) Johnny Messner, Charlotte Ross UFC 95 Count Jon & Kate, Skiing 521 560 34 TLC Little People Little People Little People Little People Jon & Kate Jon & Kate Little People 145 761 35 TV5 L'Objet du scandale Vie privée, vie publique "La Force de rebondii Club social Journal TV5 Kenny-Spenny Rent-A-Goalie Name Is Earl 616 521 39 SHO The Outer Limits 620 523 40 BVO Guinea Pig MythBusters 520 505 42 DIS Daily Planet (N) Dirty Jobs (N) Guinea Pig **Daily Planet** Home Improve. 575 583 43 CMT All About All About Home Improve Reba Reba Hope & Faith Hope & Faith Coyote Ugly 601 562 45 SLC Til Debt-Part Til Debt-Part Tabatha's Salon Takeover Project Runway Canada Rich Poor Til Debt-Part ET Canada 625 548 46 COM Air Farce The Simpsons South Park Gilbert Gottfried: Dirty Jokes Daily Show Just for Laughs Corner Gas 294 529 47 TBS House-Payne House-Payne House-Payne House-Payne Welcome to House-Payne House-Payne Family Guy Ambrose Price 600 564 49 H&G House Hunters Property Virgin Income Prop. Petal Pushers For Rent Property Virgin House Hunters Star Trek: Voyager Stargate Atlantis (DVS) Lost "Hearts and Minds" Sarah Connor Chronicles Stargate SG-1 627 528 50 SPC City Live After 581 566 53 MTV The City MTV News Cribs The Girls of Hedsor Hall The City City Live After MTV Live 618 524 54 TROP TV Made, Do It News Show Make or Break TV Made, Do It Tube Tales E News Deal-No Deal Planet Soap 522 506 55 HIS (6) M*A*S*H: Goo M*A*S*H M*A*S*H M*A*S*H M*A*S*H M*A*S*H M*A*S*H 129 773 60 CD Biographies Les Grands travaux (HDTV) Dernier combat-Allende Alliance meurt ière (HDTV Paradis perdus 261 394 61 V Murder, She Wrote May-Decembe McLeod's Daughters (N) God Bless Poltergeist Eyes Down Clergy 602 567 62 W Will & Grace How Clean Kim Love It or List It Dollars **Smart Cookies Maxed Out** 269 350 70 APTN Notre Peuple Terres arct Mishkuenita Le Sang du chasseur (199 Michael Biehr Tshinanu 621 527 71 TLK The Ellen DeGeneres Show (N) TMZ (N) etalk First Class All the Way TMZ The Tonight Show-Jay Leno Food Detective Road Tasted 603 561 95 FN Chef at Home Chef at Home Restaurant M

critics'corner—

Kenny vs. Spenny

A sort of cross between "Jackass" and "Fear Factor," starring a real, live Beavis and Butt-head? Sounds like the television trifecta — if you're a 12-year-old boy. Unless you are, feel free to ignore Kenny Hotz and Spencer Rice's off-the-wall competition series. In each episode, the guys try to outdo each other in various goofy competitions. 9 PM on 39 SHO



Homeland Security begins an investigation that could expose Nathan's plans. Then Sylar and uke go on a road trip to find Sylar's father. Things get complicated for the Bennetts when Claire tries to protect a man with abilities. 9 PM on 9 NBC; 10 PM on 3 GTV

Paranormal State

Lisa Hockenberry believes something supernatural is making her and her family sick. Ryan and the team investigate the history of her home and uncover the tragic history surrounding it. Things take on a sudden urgency when Lisa is rushed to the hospital. 10 PM on 31 A&E



This year's Oscars' host, Hugh Jackman, can't be silent about one thing: His choice for best supporting actor. And the Oscar should go to ... the late Heath Ledger, for The Dark Knight, people.com quotes him as saying. METRO NEWS SERVICES

Celebrity Buzz

Brown says he's sorry Simpson shows love

his silence yesterday, with a spokesperson releasing a statement to the media on his behalf, peo-

ple.com reports. "Words cannot begin to express how sorry and saddened I am over what transpired. I am seeking the counseling of my pastor, my mother and other loved ones and I am committed, with God's help,

IMAGE Chris Brown broke to emerging a better person," the statements reads. "Much of what has been speculated or report-

ed on blogs and/or reported in the media is wrong. "While would like to be able to talk about until more, the legal is-

sues are

else. "Those posts or writings under my name are frauds," the statement concludes.

resolved, this is all I can

say except that I have not

written any messages or

made any posts to Face-

book, on blogs or any place

Brown, 19, allegedly attacked girlfriend Rihanna, 20, in Los Angeles on Feb. 8. He was arrested and may face charges from the district attorney.

METRO NEWS SERVICES

Website launches **Ledger petition**

ONLINE Heath Ledger's fans are getting together to demand that his Oscar-nominated portrayal of the Joker be the last for the famous character.

"We think Heath deserves this honour," TheUltimateJoker.com spokesperson Fer Barbella told CNN from Buenos Aires. "After we saw The Dark Knight, we thought this Joker was really the best. It deserves to be withdrawn from any Batman sequels." The Web site's online petition already has more than

18,000 support-



Kate and Leo have a 'secret language'

PEOPLE Kate Winslet and Leonardo DiCaprio have their own "secret language," femalefirst.co.uk reports.

The British actress has revealed the Revolutionary Road co-stars developed a

special lingo to help get them through challenging scenes. said: She

"When we filmed difficult scenes we developed our own secret language of our own. With our history we could do anything without feeling

The 33-year-old actress who has remained close to DiCaprio since they starred in the 1997 blockbuster Titanic — insists she trusts the 34-year-old actor implicitly, and would even let him hurt her if

it improved a scene. She said: "I would even let Leo physically harm me if it meant making a scene better, and I know he feels the same way. If we didn't have this rare friendship, I don't think would be able to show that chemistry on screen.

METRO NEWS SERVICES

ROMANCE Jessica Simpson was feeling the love on Valentine's Day — throwing out more than one "I love you" to NFL-player boyfriend Tony Romo during her Saturday night performance in Rochester, N.Y., people.com

reports. "I'm celebrating the life I'm living right now,' the singer, flaunting muscular bare legs in a black sexy mini-dress, told the nearly full auditorium.

Introduc-

with Paris

Hilton, and

Perry, who

broke up

ing You're My Sunday, a song she co-wrote for Romo, Simpson, 28, announced, "Somebody came into my life and made me see myself in the best mirror possible, so I wrote this song for her." Simpson immediately caught her slip. "Ha! Can you imagine?" she said

before then joking that she had penned the number for her dog, Daisy. Looking to-Romo, ward she said, "Sorry, baby. This song's for you."

> **METRO** NEWS SERVICES

Jolie unnerved by octuplet mom

Jackman's pick

PEOPLE Angelina Jolie is reportedly "creeped out" by one of her biggest fans, octuplet mom Nadya Suleman.

Sources close to Jolie told the Daily Mail that Suleman has written several letters to Jolie in the past praising the famous actress for her talent and her work with children. Friends of Suleman also say the mother of 14 had plastic surgery in order to



Katy and Benji hooking up?

PEOPLE Both dealing with with Gym Class Heroes recent public breakups, Katy Perry and Benji Madden spent Valentine's Day out together at a nightclub in Las Vegas, according to Perez Hilton. Benji, who recently ended his relationship

singer Travis McCoy, joined a group of friends at nightclub Lavo. were with "They friends, but you could definitely tell they were on a date," a source says. 'There wasn't any public making out, but they were 'friendly' with each other."

> **METRO NEWS** SERVICES

Reese looking for onscreen action

IMAGE Reese Witherspoon wants to star in an action film, femalefirst.co.uk reports.

The Oscar-winning actress would love to become an action hero like Angelina Jolie, and would even consider hitting the gym to get the right physique for the part. The diminutive star is quoted as saying: "I would like to do an action movie. I love to watch Angelina Jolie in movies like Mr. and Mrs. Smith. "I movies where



LiLo, SamRo cancel Florida gig

HEALTH Lindsay Lohan and Samantha Ronson broke some hearts this Valentine's Day, cancelling a party-hosting and DJing gig at a club in Florida because Ronson was too sick to travel.

"We really feel bad, and I work sick when I can, but unfortunately I couldn't drive to Miami, so I'm stuck in New York City with doctor's orders not to fly," Ronson told People maga-

The pair was spotted out the night before in New York celebrating late into the night Samantha's Charlotte sister Ronson's fashion

METRO NEWS

Kiefer eager for Williams appearance

ROLE Kiefer Sutherland is about an Academy Awardkeen to find a role in his winning actor with hit show 24 for Robin no lack of energy, Williams after finding the funnyman is a big fan of drama, femalefirst.co.uk reports.

recently Williams begged for a part in 24 during a chat with TV Guide magazine, stating, would play a technical adviser. Anything," and Sutherland is thrilled the comic is watching.

He says, "It would be an honour (to have him on the show). You're talking

which is what we require.

"Robin could be an innocent computer analyst who stumbles onto something cryptic .. and becomes a target. (My character) Jack

Bauer.

the government and the bad guys are all looking for this guy, who is scared to death and running for his

Williams has proved himself a master of tense TV dramas — he won acclaim last year as a deranged character on the 200th episode of Law & Order: SVU.

> METRO NEWS SERVICES

90210 star dying for New Moon role

firmed she auditioned for a true-blood Twilight fan di, who in Stephenie Meythe role of Heidi in New

Now, 90210 star Anna-Lynne McCord reveals just how close she is to joining Twilight sequel, msn.com reports.

McCord, who plays Naomi Clark on 90210, tells MTV she's in negotiations with New Moon director Chris Weitz and his team. "It's definitely something I would love to do; as most people know, I am oball the way.

McCord says her busy slate of 90210 shoots presents "some scheduling conflicts, and we're trying to work that out now."

The actress says that if she does join New 1

PEOPLE Last week ET consessed with vampires. I'm Moon, she would play Heiers' books is a siren of sorts, who uses her beauty to lure unwitting humans into the clutches of the wicked Volturi.

"I love Heidi. She's obviously very sexy. She's the fisherman; she's the bait," McCord says. "It's a fun character to play. But she's also a thousand-yearold vampire, so that's kind of badass."

> **METRO NEWS** SERVICES











entertainment 15

Take Five

For more delicious Metro recipes, visit: metronews.ca/food

12 16 15 26 28 32 38 | 39 45 47 48

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					9			
7		8		6			2	1
		6	2	4				
5		7						8
	2						6	
3						1		9
				5	1	3		
6	9			7		5		4
			3		-			

Crossword across

1 Erstwhile Peruvian

5 Apiece

8 Summer getaway

12 Really scary

14 Curved molding

15 Pay the tab

16 Memorization

method 17 Healthy

18 Forest officer

20 Book of photos

23 Ireland 24 Actress Jessica

25 Nouveau riche type

28 Look at

29 Strike zone's

lower boundary

30 Lummox

32 Revolts

34 Hint

35 Drenches

36 1-2-3 dance

37 Chevrolet named for

an antelope

40 Listener

41 In a few minutes

42 Fasten your seat belts

47 Fat 48 Attack verbally

49 Sicilian spouter

50 Before

51 Requirement

Crossword down

1 Conditions 2 Born

3 Tabby, e.g.

4 Wily

5 Versifier

6 Ostrich's cousin 7 Does an encore, literally

8 Eyeball part

9 Enthusiastic 10 Apportion (out)

11 Equal

13 Slender

19 Carney and Garfunkel

20 Six-pack muscles

21 Stead

22 Traffic noise

23 Tools for duels

25 Wobbly

26 "Shake, Rattle, and —"

27 Lacking slack

29 German canal

31 Tasseled hat

33 African nation

34 Late comic George 36 Hear the alarm

37 Capri, for one

38 Castle protection 39 X-rated material

40 "- homo!"

43 Eg. and Syr., once

44 Away from WSW

45 Beehive State native 46 Spacecraft

compartment

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

J M
M A K E O V E R A N O N 3 E A S Y A Z T E C 8 W A S T E B B A R E E M U S S U P E R M A N A L A 4 T H E B I R D S S K I S 5 A N D Y D D E T H B B R O N X S S W I G 9 L O K I M A K E L O V E A I R S O D I E O I L
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E M U S S S U P E R M A N 1 P A R J U D E A A A L A 4 T H E B I R D S S S K I S 5 A N D Y D O E T H B 5 B R O N X S W I G 9 L O K I M A K E L O V E A I R S O D I E S O I L
P A R W J U D E A M A L A T H E B I R D S S S K I S S S K I S S W I G S L O K I M A K E L O V E A I R S O D I E W O I L
T H E B I R D S S K I S 5 A N D Y D O E T H B R O N X S W I G 9 L O K I M A K E L O V E A I R S O D I E O I L
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B R O N X S W I G 9 L O K I M A K E L O V E 2 A I R S O D I E 0 I L
L O K M A K E L O V E
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ATTRIS ODTTE OTTE
BLAH IAMB DEF 7

6	1	7	4	9	5	2	3	8
3	4	9	2	7	8	6	1	5
8	2	5	1	6	3	7	4	9
1	8	3	9	2	6	4	5	7
4	9	6	5	1	7	8	2	3
5	7	2	8	3	4	1	9	6
9	3	4	6	8	1	5	7	2
2	6	1	7	5	9	3	8	4
7	5	8	3	4	2	9	6	1

Find today's answers + play more games at metronews.ca

SUDOKU	SOLVE	TIME:
		,

Under 13 minGenius 13-17 min.....Scholar

17-21 minSmart 21-25 minNot bad 25+ min.....Keep practising

Warm Lentil and Roasted Pepper

Metro Recipe of the Day

INGREDIENTS:

Salad

3 cups (750 ml) water 1 cup (250 ml) brown lentils

1 tsp (5 ml) salt 1/4 cup (50 ml) chopped parsley

1/2 cup (125 ml) diced, drained, and rinsed canned roasted sweet red pepper

1 medium stalk celery, diced

1/2 cup (125 ml) diced red onion

1 cup (250 ml) diced and seeded plum tomatoes 2 garlic cloves, minced 2 tbsp (25 ml) lemon juice 2 tbsp (25 ml) olive oil 1/4 tsp (1 ml) black pepper **METHOD:**

1. Bring water, lentils, and 1/2 tsp (2 ml) of the salt to

boil in 3-quart (3-l) pot over high heat. Reduce heat to medium-low and simmer, covered, until lentils are firm but fully cooked, 20 to 30 minutes. 2. Meanwhile, mix parsley, sweet pepper, celery, onion, tomatoes, garlic, lemon juice, oil, black pepper, and remaining 1/2 tsp (2 ml) salt in large serving bowl.

3. Drain lentils, add to serving bowl, and toss. Serve warm with leaf lettuce, goat cheese and bread.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out Key Ingredients in this month's Reader's Digest, on



AVATAR VENUS

Horoscopes

ARIES

MARCH 21-APRIL 20 You'll achieve more when you

are respected. A bothersome guy wants to negotiate an ultimatum. You'll have errands to run before you can play around.

LIBRA

SEPT 23-OCT 23

A crisis disappoints in one sense but is excellent in another. Don't be bowled over by contradictions. A critical approach won't result in compliments.

TAURUS

APRIL 21-MAY 21 A dark-haired person will talk

about affection. Somebody's self-indulgent fantasies will make you crazy. Ease out of a predicament by using your wits.

SCORPIO

OCT 24-NOV 22

A social test makes you anxious. Problems are forcing you to reassess your life. A manager will give you a generous advantage.

GEMINI MAY 22-JUNE 21

An enchanting friend gives you an invitation. Take time out for your own pleasure. You'll have to borrow something from someone you don't like.

SAGITTARIUS NOV 23-DEC 21

Leave a bad situation at the first sign of criticism. Don't make important decisions for the next two days. Your smile brings you good luck.

CANCER JUNE 22-JULY 22

Avoid being pessimistic with an offbeat colleague. Have confidence in your good fortune. If you interfere in a spat you'll risk being damaged.

CAPRICORN

DEC 22-JAN 20 Be prepared to have an intense chat. A mocking person makes you wait. Desperate measures will be taken when an objective is suspected to fail.

LEO JULY 23-AUG 23

Help someone to see the big picture. You're reminded of a promise that you forgot. A dispute evaporates when justification is given by the perpetrator.

AQUARIUS JAN 21-FEB 18

You'll cheer when a courageous dream comes true. Unsettling moments result from a commotion. Question whether your first impression is correct.

VIRGO AUG 24-SEPT 22

A pitiless troublemaker will annoy everyone nearby. Let a powerful man take the lead to eliminate a problem. Don't be sucked into a ridiculous situation.

PISCES

settling discussion.

FEB 19-MARCH 20 A challenging expert creates a drama. You don't have to wade into a battle and play peacemaker. Damage is the topic of an un-

VOKDY GUKDY BY TRICKY RICKY KANE Every answer is a rhyming pair of words (like FAT CAT and DOUBLE) TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word. 1. Provide weapons to a barn's place (1) bt to a paid athlete (1) 4. Silents star Lillian's genie requests (2 © 2009 United Feature Syndicate. Inc 7. Catching sight of wood deterioration (2) ANGWERS 2. TALKER STALKER 5. CAROLS BARRELS 7. SPOTTING ROTTING 3. TALKER STALKER 6. CAROLS BARRELS 7. SPOTTING ROTTING TALKER 5. TALKER 7. SPOTTING ROTTING TALKER 5. TALKER 5. TALKER 5. SPOTTING ROTTING TALKER 5. SPOTTING TALKER 5. SPOTTING

This day in history

FEB. 16, 1859 The French Government passes a law to set the Anote above middle C to a frequency of 435 Hz, in an attempt to standardize the pitch.

FEB. 16, 1923 Howard Carter unseals the burial chamber of Pharaoh Tutankhamun.

FEB. 16, 1947 Canadians granted Canadian citizenship after 80 years of being British subjects. Prime Minister William Lyon Mackenzie King becomes the first Canadian citizen.

FEB. 16, 1968 In Haleyville, Alabama, the first 9-1-1 emergency

telephone system goes into service. FEB. 16, 2005 The Kyoto Protocol comes into force, following its ratification by Russia. METRO NEWS SERVICES





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